



Headteacher: Mr. S. Pearson



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Dear Parents/Carers,

Today Year 3 have discussed the NSPCC's PANTS rules in our PSHE lesson. During these discussions we aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories.

We teach our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from abuse.

PANTS stands for:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

The lessons have introduced a range of ideas, all delivered in a way that is fully age-appropriate, empowering pupils without using any frightening words.

These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with Walmley Junior School, more information can be found at nspcc.org.uk/pants. If you have any questions or concerns, please don't hesitate to get in touch.

Thanks for your support.

Mrs S. Smith

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