



Headteacher: Mr. S. Pearson



18<sup>th</sup> March 2022

Dear Parents/Carers,

### Relationships and Sex Education (RSE) and Health Education Years 5 and 6

As you may be aware, we employ the services of Mrs Lynda West-Mullen of 'Foundations', who comes into school every year to teach a series of lessons on Relationships and Sex Education (RSE) and Health Education to Year 6. These are delivered alongside the lessons taught by school staff through our PSHE curriculum in Year 5 and Year 6.

This is a very important part of a child's education, dealing with topics such as puberty and personal development, as they mature and progress to secondary school. Lynda has many years' experience in this field and handles the discussions and activities with care and sensitivity, in an age appropriate way.

Please note that sessions will be taking place in school during May and June this year. A full overview of the session content for each year group can be found in our RSE and Health Education Policy on the school website. <https://walmley-jun.bham.sch.uk/our-school/policies/>

We would strongly recommend that all children attend these sessions. It is much better that they learn the facts from an experienced teacher, rather than relying on rumour and other unreliable sources which may cause anxiety and confusion.

We would like to invite you to a meeting in school, with Lynda, on **Monday 25<sup>th</sup> April at 5.30pm**. It will be an opportunity to find out specific details about what will be taught and for you to ask any questions you may have.

Yours sincerely,

Mrs N. Harris  
Deputy Headteacher